

Self-Commitment to rules of behavior during the visit at the Akademie Burg Fürsteneck in the time of the Corona pandemic

I commit myself as a participant or teacher of a seminar at the Akademie Burg Fürsteneck,

- only to arrive if I am free from symptoms related to Covid-19 (especially cough and fever),
- to let you know as early as possible if any symptoms occur during the visit at Burg Fürsteneck, and in this case to move and stay in my room in self-isolation,
- to make sure to keep the minimum distance of 1,5m to other people,
- to follow the hygiene rules in all conscience (cough and sneeze inside of the elbow, effective hand washing).

Name, printed characters:

Course no. or course title:

Place and date

Signature